



# 2011 Loyalty Days 2 Mile Run/Walk

**Saturday April 30 , 2011**



**Time: 11:45  
Before the Parade Starts**

The Loyalty Days 2 Mile Run/Walk is simply about having fun! Run, jog, or walk straight down traffic free Highway 101, while hundreds of parade spectators cheer you on! This event supports Lincoln County youth track athletes and can earn money for your school. Gather your family and friends and join in the Loyalty Days celebration.

**DAY OF RACE INFORMATION:** Runners/walkers must pick up race number before race (9:30-11:00) at ME Fitness located at 1111 SW 10th Street. The race begins at 11:45 on Hwy 101, next to Wal-Mart. **Buses will transport runners/walkers to starting line.** Last bus leaves ME Fitness at 11:30. Hwy 101 will be closed to traffic before the race and will not reopen until parade is completed. Runners and walkers will travel south down 101, finishing at Bay Street. Please do not leave children unsupervised before or after the event. You will have ample time to complete the course and enjoy the parade.



## AWARDS

**All finishers will receive a finish ribbon..**

Awards presentation will be held at ME Fitness soon after the conclusion of the parade (about 2:00). Trophies will be given to top Male and Female finishers. Ribbons are given to 1st, 2nd & 3rd place in each of the following age groups: (0-5), (6-8), (9-11), (12-14), (15-18), (19-29), (30-39), (40-49), (50-59), (60-69), (70 and up).

**A \$500 award will be presented to the school with the greatest percentage of youth from the school who participate. Check with your school for more details.**

<b>Entry fees:</b>	<b>#</b>	<b>Amt. Enclosed</b>
Individuals	_____	<b>\$14.00</b> _____
<b>No shirt option adults</b>	_____	<b>\$ 7.00</b> _____
Lincoln School District Students	_____	<b>\$ 7.00</b> _____
<b>Student no shirt option</b>	_____	<b>\$ 2.00</b> _____

**Additional fee for entries received after April 25 - \$3.00**

**T-Shirts are only guaranteed for those pre registered .**

Mail Entry Form:  
Coast Hills Running Club  
PO Box 2434  
Newport, OR 97365  
OR  
Register at ME FITNESS  
Make checks  
payable to: CHRC  
  
For more information:  
Kerri Tyler arf@casco.net  
541.265.4454

School: \_\_\_\_\_  
Name: \_\_\_\_\_  
Mailing address: \_\_\_\_\_  
Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency number day of race: \_\_\_\_\_

T Shirt Size: Child S M L XL  
Adult S M L XL XXL (\$2.00 extra) extra)

\_\_Male\_\_Female      Age on race day

I personally assume all risks incident to my participation in the 2011 Loyalty Days Run, including, but not limited to, use of facilities, the use of the roads and all hazards from participating in this event. I further certify that I have trained and I am fit for this race. In consideration of your excepting my entry, I hereby release for myself, my heirs, executors and administrators and all sponsors of this race (including Coast Hills Running Club/ ME Fitness and Pepsi) from any and all claims, demands, actions, or causes of action incident to participation in this event

Signature: \_\_\_\_\_ Date \_\_\_\_\_  
Signature of parent or guardian if under 18 years of age. \_\_\_\_\_ Date \_\_\_\_\_

For Official use-Race number: